



**MOUNTAINLAND  
PEDIATRICS**

**MOUNTAINLAND PEDIATRICS, Inc.  
Notice of Privacy Rights**

*THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOUR CHILD MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.*

**OUR PLEDGE REGARDING HEALTH INFORMATION** We understand that health information about you and our healthcare is personal. We are committed to protecting health information about you. We create a record of the care and services you receive from us. We need this record to provide you with quality care and to comply with certain legal requirements. This notice applies to all of the records of our care generated by Mountainland Pediatrics, whether made by your doctor or others working in this office. The notice will tell you about the ways in which we may use and disclose health information about you. We also describe our rights to the health information we keep about you, and describe certain obligations we have regarding the use and disclosure of your health information.

**HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU**

The following categories describe different ways that we use and disclose health information.

**For Treatment** We may use health information about you to provide you with healthcare treatment or services. We may disclose health information about you to physical therapists, doctor, nurses, technicians, health students, or other personnel who are involved in taking care of you. They may work at our offices, at the hospital if you are hospitalized under our supervision, or at another doctor's office, lab, or other healthcare provider to whom we may refer you for consultation, to take x-rays, or for other treatment purposes. For example, a doctor treating you for a broken leg may need to know if you have diabetes because diabetes may slow the healing process. We may also disclose health information about you to an entity assisting in disaster relief effort so that your family can be notified about your condition, status, and location.

**For Payment** We may use and disclose health information about you so that treatment and services you receive from us may be billed to and payment collected from you, an insurance company, or a third party. For example, we may need to give your office visit information to your health plan so they will pay us or reimburse you for the visit. We may also tell your health plan about treatment you are going to receive to obtain prior approval or to determine whether your plan will cover the treatment.

**For Healthcare Operations** We may use and disclose health information about you for operations of our health care practice. These uses and disclosures are necessary to run our practice and make sure that all of our patients receive quality care. For example, we may use your health information to review our treatment and services and to evaluate the performance of our staff in caring for you. We may also combine health

information about many patients to decide what additional services we should offer, what services are not needed, whether certain new treatments are effective, or to compare how we are doing with others and to see where we can make improvements. We may remove information that identifies you from this set of health information so others may use it to study healthcare delivery without learning who our specific patients are.

**Research** Under certain circumstances, we may use and disclose health information about you for research purposes. For example, a research project may involve comparing the health and recovery of all patients, who received one treatment to those who received another, for the same condition. All research projects, however, are subject to a special approval process. This process evaluates a proposed research project and its use of health information, trying to balance the research needs with patients' need for privacy of their health information.

**As Required By Law** We will disclose health information about you when required to do so by federal, state, or local law. This includes immunization records to state and local health departments pursuant to 25-4-1705 (5) (e) (I), C.R.S.

**To Avert a Serious Threat to Health or Safety** We may use and disclose health information about you when necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person. Any disclosure, however, would only be to someone able to help prevent the threat

## **YOUR RIGHTS REGARDING HEALTH INFORMATION ABOUT YOU**

*You have the following rights regarding health information we maintain about you.*

**Right to Inspect and Copy** You have the right to inspect and copy health information that may be used to make decisions about your care. Usually, this included health and billing records. To inspect and copy health information that may be used to make decisions about you, you must submit a request in writing. If you request a copy of information we may charge a fee for the cost of copying, mailing or other supplies and services associated with your request. We may deny your request to inspect and copy in certain very limited circumstances. If you are denied access to health information, you may request that the denial be reviewed. Responses for requests can take up to 10 days to process.

**Right to Amend** If you feel that health information we have about you is incorrect or incomplete; you may ask us to amend the information we have about you that is incorrect or incomplete. You have the right to request an amendment as long as we keep the information. To request an amendment, your request must be made in writing. In addition, you must provide a reason that supports your request for an amendment; we may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, we may deny your request if you ask us to amend information that was not created by us, unless the person or entity that created the information is no longer available to make the amendment; is not part of the health information kept by or for our practice; is not part of the information which you would be permitted to inspect and copy; or is accurate and complete. Any amendment we make to our health information will be disclosed to those with whom we disclose information as previously specified.

**Right to Accounting of Disclosures** You have the right to request an accounting list for any disclosure of your health information we have made, except for uses and disclosures for treatment payment, and healthcare

operations, as previously described. To request this list of disclosures, you must submit your request in writing. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time before costs are incurred. We will mail you a list of disclosures in paper form within 30 days of your request, or notify you if we are unable to supply the list within that time period and by what date we can supply the list; however this date will not exceed a total of 60 days from the date you made the request.

**Right to Request Restrictions** You have the right to request restriction or limitation on the health information we use or disclose about you for treatment, payment or health care operations. You also have the right to request a limit on the health information we disclose about you or someone who is involved in your care or the payment of your care, such as a family member or a friend. *We are not required to agree to your request for restriction if it is not feasible for us to ensure our compliance or believe it will negatively impact the care we may provide you.* If we do agree, we will comply with your request unless the information is needed to provide you emergency treatment. To request a restriction, you must make your request in writing and notify us what information by a specified person cannot be disclosed.

**Right to Request Confidential Communications** You have the right to request that we communicate with you about health matters in a certain way or at a certain location. For example, you may ask that we only contact you at work or at home.

**Right to a Paper Copy of this Notice** You have the right to obtain a paper copy of this notice at any time.

**Changes to this Notice** We reserve the right to change this notice. We reserve the right to make the revised or changed notice effective for health information we already have about you as well as any information we receive in the future. We will post a copy of the current notice in our facility. The effective date of this notice will be on the first page, in the top right corner. In addition, each time you register for treatment or healthcare services we will offer you a copy of the current notice in effect.

**Complaints** If you believe your privacy rights have been violated, you may file a complaint with Mountainland Pediatrics, Practice Administrator, and or the Secretary of The Department of Health and Human Services (Office of Civil Rights, 200 Independence Avenue, S.W., Washington DC 20202, 877-696-6775, toll free). All complaints must be submitted in writing. You **will not be penalized for filing a complaint.**

**Other Uses of Health Information** Other uses and disclosures of health information not covered by this notice or the laws that apply to us will be made only with your written permission. If you provide us permission to use or disclose health information about you, you may revoke that permission, in writing, at any time. If you revoke your permission, we will no longer use or disclose health information about for the reasons covered by your written authorization. You understand that we are unable to take back any disclosures we have already made with your permission, and that we are required to retain our records of the care we provided to you.